



Registration Package


# She's Inspired

September 10th, 2020 - June 30th, 2020

Facilitated by: Tammie Oram, Nourish Wellness Centre

Come for the knowledge, stay  
for the community.

Last chance to register:  
September 10th, 2020:





# She's Inspired Book Club: Membership

Thanks for your interest in She's Inspired Book Club. I'm so glad you would like to join us this year!

Please take some time to read through the following pages.

## About

She's Inspired is a women-only group which aims to promote authentic growth, conscious living, and community building. This club meets once per month for group discussion on each book, and once per month for a fun team building activity.

In registering for the She's Inspired Book Club, you reserve "early bird" registration rights for all retreats facilitated by Tammie L. Oram before registration opens to the public.

## Payment

Registration costs for She's Inspired can be paid in monthly installments (\$47.00/month + GST) or yearly installments (\$425.00/year + GST). In selecting the yearly option, you receive one month free!

Payment can be made by:

- a. E-transfer to [tammie@tammieoram.com](mailto:tammie@tammieoram.com); or
- b. Square Reader

If you are to be placed on the wait list, you will be subject to a non-refundable deposit of \$47.00 + GST, which will be applied to your membership once you are able to join us.

## Registration

The deadline to register for the first series of She's Inspired is September 10th, 2020. If you miss this deadline, don't worry... I do re-open registration periodically.

If you do notice you miss the initial registration, please connect with me as soon as possible to confirm your spot on the wait list.



# She's Inspired Book Club: Membership

## Winter Retreat 2020

Exciting new! We are currently in the process of planning a She's Inspired Winter Retreat! This event will only be available to registered She's Inspired members, so make sure you register by Sept 10th, 2020. Additional costs will apply.

\*Note: Those who pay for the yearly book club fee upon registration will receive a special gift at the venue. Stay tuned for more info!



# She's Inspired Book Club: Member Contract

Please read the following statements carefully and check the boxes on lines 1-7.

## Commitment

I, \_\_\_\_\_, as a participant in She's Inspired Book Club, acknowledge and agree to the following statements:

I understand...

- 1. She's Inspired Book Club is a year long commitment and I am committed to engaging in group discussions as an active member;
- 2. I am responsible for purchasing the decided books for the duration of the membership.
- 3. I am required to come prepared to each meeting having read the material;

## Payment

- 4. I will pay my registration fee by either:
  - a. Monthly installments (\$49.35); or
  - b. Yearly installments (\$446.25).
- 5. My payments will be made by either:
  - a. (Monthly) By 1st of every month; or
  - b. (Yearly) Before the registration deadline (September 10th, 2020).
- 6. I am aware of the commitment deposit (\$49.35) required to be placed on the waitlist and understand this will be applied to my membership fee.

## Media Release

I, \_\_\_\_\_, consent to photos and/or videos being taken of me for advertising purposes for the duration of the She's Inspired Book Club.

- 7. I understand I am consenting to my photo being taken, and that I will be asked for verbal consent for the use of photos I am included in on a case by case basis.

# She's Inspired Book Club: Member Contract

## Confidentiality

This woman-centered group works at a deep and emotional level; some personal information may be disclosed. The integrity of our members allows for a free and open space for everyone to share their thoughts, feelings, and experiences. Confidentiality is key. Please note, no facilitator notes are taken during She's Inspired Book Club.

**Please carefully read the following statements and check boxes 8-12.**

*As a participant in She's Inspired Book Club, I acknowledge and agree to the following statements:*

8. I will hold strict confidentiality regarding all matters (names, events, etc.) pertaining to the personal work or identity of other participants in the group.
9. I will not disclose information about another group member outside of my group verbally, or through any written or electronic means including email, social media (Facebook, Instagram, Twitter, etc.), or any additional public forums.
10. If we are to meet remotely (i.e. video call facilitated by Zoom, etc.), I will maintain confidentiality by finding a private area during our meeting or use headphones with discretion.
11. All information shared during the group is confidential, however, the facilitator is required by law to disclose confidential information if any of the following conditions exist.
- a. If there are reasonable grounds to suspect that a child is in need of protection due to physical harm, neglect, or sexual abuse by a person having charge of the child.
  - b. If I disclose that another health care provider has sexually abused me.
  - c. If I tell the facilitator I am planning to cause significant bodily harm to myself or others.
  - d. If I am involved in a court case and the records of the facilitator are subpoenaed, or if the office is presented with a search warrant.

# She's Inspired Book Club: Member Contract

12. Although pictures of events may be used in marketing material, I may specifically ask to not have my photo published (even if I have signed the media consent).

*\*If you have any questions about the potential impact of group discussions or limits of confidentiality, please contact the facilitator, Tammie Oram.*

Name of Group Member \_\_\_\_\_ Date \_\_\_\_\_

## Next Steps

I am so excited to have you join us this year for She's Inspired Book Club.

Please email this completed form to [tammie@tammieoram.com](mailto:tammie@tammieoram.com). Once you have sent payment & your completed registration form, I will send you a contract to sign.

